



# Senior Driving *Assessment*

A Personal Evaluation Resource  
with Tips on Safe Driving

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While aging is inevitable, and it may affect reaction time and eyesight, it doesn't necessarily render older drivers unsafe. In fact, their wealth of experience may enhance their driving abilities. Nevertheless, age may also make one more susceptible to severe injuries or fatalities from accidents. Therefore, a comprehensive senior driving self-assessment is recommended.

This self-assessment tool provides insight into your reaction to different scenarios and highlights areas in need of improvement. Use it to identify areas for improvement and follow additional safety precautions if your answers indicate that you need further protection in your vehicle.

While this assessment is an effective guide, it's no replacement for professional advice or the requirements of state laws.

Changes in driving habits may also signal the need for greater caution or even the necessity to stop driving. There are alternatives available for continuing with essential activities like grocery shopping or attending medical appointments without compromising mobility. Older drivers can still remain safe and mobile by recognizing their potential limitations and incorporating the necessary modifications.

If, unfortunately, you find yourself involved in a motor vehicle accident, the skilled team at Cordisco & Saile LLC is ready to assist. This experienced team provides a free consultation, helping you navigate your post-accident journey.



### *Self-Driving Assessment*

While completing the questions in the self-driving assessment, assign yourself the indicated points for each answer. At the end of the quiz, add up your score and review the score meanings to determine if it is okay to drive, take additional precautions, or if it is safer to find alternative modes of transportation.

While it can be hard to ponder giving up your independence, this senior driving self-assessment is most helpful if you answer all questions honestly. Go over it with someone you drive with often, and have them review your responses so you have an additional perspective.

		YES	NO
1	Can you clearly see signs, signals, pedestrians, and other cars on the road?	<input type="radio"/>	<input type="radio"/>
2	Do you see increased glare while driving at night time?	<input type="radio"/>	<input type="radio"/>
3	Do you think your reaction time is slower than before?	<input type="radio"/>	<input type="radio"/>
4	Can you turn your head left and right completely without discomfort?	<input type="radio"/>	<input type="radio"/>
5	Are you strong enough to move the steering wheel completely to the left and right?	<input type="radio"/>	<input type="radio"/>
6	Have you had any major or minor collisions in the past two years?	<input type="radio"/>	<input type="radio"/>
7	Are you comfortable getting in and out of the car?	<input type="radio"/>	<input type="radio"/>
8	Do you ever have problems staying alert while driving?	<input type="radio"/>	<input type="radio"/>
9	Do you take any medications that affect your concentration or make you feel drowsy, confused, forgetful, or dizzy?	<input type="radio"/>	<input type="radio"/>
10	Do you ever forget to put your seatbelt on or adjust your seat and mirrors?	<input type="radio"/>	<input type="radio"/>
11	Do you ever forget to turn your lights on while it's dark or raining?	<input type="radio"/>	<input type="radio"/>

	YES	NO
12 Do you ever forget to bring your driver's license or other documents?	<input type="radio"/>	<input type="radio"/>
13 Do you have unusual scratches or dents on your car?	<input type="radio"/>	<input type="radio"/>
14 Does your family ever worry about your driving abilities?	<input type="radio"/>	<input type="radio"/>
15 Do you ever get overwhelmed driving on the highway or in busy areas?	<input type="radio"/>	<input type="radio"/>
16 Do you ever forget your route?	<input type="radio"/>	<input type="radio"/>

## Self Scoring:

Tally up the number of 'No' responses. One point is gained for each 'NO' response, while a 'YES' response gains zero points.

Total Score:

\_\_\_\_ /16

Once you've found your score total, read on to the next page to find out your score's meaning.

# Senior Driving Assessment

## Score Meanings

**0-4  
Go!**

You are following safe driving practices. Keep the questions from the assessment in mind so it is easier to spot potential problems in the future.

**5-8  
Caution!**

You are following some unsafe driving practices. Review our tips below to learn more about improving your awareness while driving.

**9-16  
Stop!**

You are following too many unsafe driving practices. Take time to evaluate the areas where you need improvement and plan to address them soon. It may also help to look into refreshing your driving skills using a professional course.

### Valuable Tips If You Must Change Your Habits



This senior driving assessment is a guide, not a final answer on your driving ability. There are steps you can take to keep yourself safe on the road, including the following:

- Get your eyes checked regularly and wear glasses if needed.
- Keep mirrors and windshields clean at all times.
- Talk to your doctor about activities to increase flexibility and strength.
- Avoid driving during busy hours of the day.
- Plan your driving route ahead of time.
- Plan your route to include well-lit streets and easy parking.
- Leave a considerable distance between you and other cars.
- Avoid distractions, such as eating or using a phone.
- Take longer routes if necessary, especially if you feel uncomfortable on interstates.
- Learn how the medications you take may affect your driving.
- Upgrade your car with better safety measures, such as new tires to make your car easier to handle, a backup camera, blind spot mirrors, and upgraded headlights.

Anything that improves your comfort might also make it easier for you to drive without distraction. Seat cushions can help with pain, especially on longer trips. Seatbelt adjusters may make you more comfortable and give you a snugger fit for safety.

It is critical to take as many precautions as possible. Our bodies become more prone to injuries as we age. In 2021, drivers between the ages of 25 and 44 represented the most traffic fatalities, but drivers aged 75+ **had the highest fatality rates**.

## What To Do If You Can't Drive

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If you are unable to drive, there are alternatives. Here are a few ways to get around:

- ✓ Ask for help from family and friends.
- ✓ Take public transportation. Pennsylvania offers a free transit program for senior citizens.
- ✓ Contact senior ride programs. Pennsylvania's Medical Assistance Transportation Program provides non-emergency rides for Medical Assistance recipients.
- ✓ Use ridesharing apps like Uber and Lyft.
- ✓ Use grocery delivery services.
- ✓ Look into other programs that help seniors. Some cities and towns offer programs that help so you don't have to drive. For example, some programs deliver groceries to seniors who cannot drive.

You can find a list of organizations that provide shuttles and other services across Pennsylvania through the PA 211 program. Its website offers a clickable map showing programs around the state that can help you with transportation.

The Centers for Disease Control and Prevention's MyMobility Plan tool is also useful. The agency developed it to help keep seniors and their loved ones safe, mobile, and independent.

## Get Help After an Accident from the Experienced Team at Cordisco & Saile

It is by no means a given that an older driver involved in an accident is the party who caused it. No matter how careful you are, other drivers may be negligent and cause accidents. If you've been hurt in an accident caused by someone else, the skilled personal injury lawyers at Cordisco & Saile LLC can help you investigate your case and pursue damages. Some of the cases our team handles include:

- Car accidents
- Motorcycle accidents
- Truck accidents
- Bicycle accidents
- Pedestrian accidents
- Accidents with government vehicles

*Contact Cordisco & Saile LLC today by calling 215-642-2335 or completing our online contact form for a free consultation. We serve several areas across Pennsylvania and New Jersey to help our injured neighbors fight for compensation.*



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## Get In Touch

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