

After a Car Accident Doctor Visit Checklist

Before Your Visit

- Write down your symptoms
- Note when each symptom started
- Gather ID and insurance info
- Bring ER or urgent care paperwork
- List of current medications

During Your Visit

- Report every symptom (even mild ones)
- Mention any prior injuries or health conditions
- Ask your key questions
- Confirm any restrictions for work or activities
- Request imaging or referrals if needed

Questions to Ask

- What injuries do I have, and are they related to the accident?
- What should I expect during recovery?
- What symptoms should I watch for?
- What activities should I avoid?
- Do I need any tests or specialists?
- How long should I take off work?
- Can I get copies of my records?

After Your Visit

- Follow your treatment plan
- Attend all follow-up appointments
- Track symptoms daily
- Save bills, receipts, and visit summaries
- Note missed work or limitations

Need Help?

If your injuries are affecting your work, daily life, or medical bills, contact Cordisco & Saile for guidance. Call **(215) 642-2335** for a free consultation.